

SUMMER MENU WEEK 3

	MAIN COURSE	VEGETABLES	FRUIT/DESSERT	BREADS	A.M. SNACK	P.M.SNACK
MONDAY	EGG CHEESE BROCCOLI BAKE	CUCUMBER SLICES	PEACHES	WHOLE WHEAT BREAD	WW BAGELS & BUTTER MILK	APPLES ARROWROOTS WATER
TUESDAY	TUNA WHIFFLE and PASTA PARMESAN	CARROT STICKS infants - cooked vegetable	MANDARINES	WHOLE WHEAT BREAD	CEREAL STRAWBERRIES MILK	BEAN BROWNIES RASPBERRIES WATER
WEDNESDAY	SANDWICHES ROAST BEEF HAM	GREEN PEPPER STICKS infants-cooked vegetable	BANANAS	HAMBURG BUNS	MELON TRIO RICE CRACKERS WATER	ICE-CREAM (SUNDAES) FRESH FRUIT GRAHAM CRUMBS WATER
THURSDAY	CHILI	COLESLAW infants - cooked vegetable	FRUIT COCKTAIL	WHOLE WHEAT BREAD	OATMEAL MIXED BERRY MEDLEY WATER	ENGLISH MUFFINS CINNAMON BUTTER MILK
FRIDAY	CHICKEN SALAD WITH CHEESE	RAW BROCCOLI infants - cooked vegetable	SEASONAL FRESH FRUIT	TORTILLA SHELLS	YOGURT BANANAS WATER	GRAHAM CRACKERS FRESH FRUIT SALAD WATER
RAW VEGETABLES includes a variety of the following; celery, carrots, cucumbers, green peppers, broccoli, cauliflower FRESH FRUIT includes a variety of oranges, apples, bananas, cantelope, grapes, watermelon, kiwi						

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