

SUMMER MENU WEEK 2

	MAIN COURSE	VEGETABLES	FRUIT/DESSERT	BREADS	A.M. SNACK	P.M.SNACK
MONDAY	SCRAMBLED EGGS CHEESE CUBES	MIXED VEGETABLES	FRUIT COCKTAIL	WHOLE WHEAT BREAD	TOAST & JAM MILK	ORANGES ARROWROOTS AND WATER
TUESDAY	PIZZA PASTA (Ham)	CUCUMBER SLICES (green peppers) infants- cooked vegetable	PEACHES	BREAD STICKS (Pasta)	HARD BOILED EGGS MELBA TOAST WATER	UNBAKED BITS & BITES FRESH FRUIT WATER
WEDNESDAY	SANDWICHES TURKEY TUNA SALAD	CARROT STICKS infant- cooked vegetable	SEASONAL FRESH FRUIT	WHOLE WHEAT BREAD	CEREAL BANANAS MILK	CINNAMON TORTILLA CHIPS APPLESAUCE WATER
THURSDAY	ROAST BEEF POTATO SALAD	GR. PEPPER STICKS Infants-peas	PEARS	WHOLE WHEAT BREAD	PEACHES DIGESTIVE COOKIES WATER	PEARS/APPLES YOGURT WATER
FRIDAY	HAM, CHICKEN SHREDDED CHEESE	SHREDDED LETTUCE RAW BROCCOLI Infants- cooked Vegetable	SEASONAL FRESH FRUIT	DINNER ROLLS	ZUCCHINI LOAF MILK	FRESH FRUIT SALAD CRACKERS WATER

RAW VEGETABLES: includes a variety of celery, carrots, cucumbers, broccoli, cauliflower, green peppers
 SEASONAL FRUIT includes a variety of oranges, apples, bananas, cantaloupe, grapes, watermelon, kiwi, pears