

SUMMER MENU WEEK 1

	MAIN COURSE	VEGETABLES	FRUIT/DESSERT	BREADS	A.M. SNACK	P.M.SNACK
MONDAY	BROWN BEANS CHEESE CUBES	CUCUMBER SLICES	PEARS	WHOLE WHEAT BREAD	RAISIN CINNAMON TOAST APPLES WATER	ICE CREAM CONES WATER
TUESDAY	TUNA MACARONI SALAD	MIXED VEGETABLES	APRICOTS	WHOLE WHEAT BREAD	ENGLISH MUFFINS SHREDDED CHEESE WATER	ORANGES GRAHAM CRACKERS
WEDNESDAY	EGG AND HAM SANDWICHES	BROCCOLI & CAULIFLOWER infants - cooked veggies	BANANAS	WHOLE WHEAT BREAD	TEA BISCUITS & RASPBERRIES WATER	APPLES ARROWROOTS WATER
THURSDAY	CHICKEN BROCCOLI CASSEROLE	(Broccoli) RED or YELLOW PEPPERS infants- cooked vegetable	APPLESAUCE	WW BREAD	CEREAL BLUEBERRIES MILK	HUMMUS CRACKERS RAW VEGGIES WATER
FRIDAY	SLOPPY JOES	GREEN BEANS CARROT STICKS	FRUIT CRUMBLE	DINNER ROLLS	BLUEBERRY BAGELS BUTTER MILK	FRESH FRUIT SALAD BREAD STICKS AND WATER
<p>RAW VEGETABLES includes a variety of the following; celery, carrots, cucumbers, green peppers, broccoli, cauliflower FRESH FRUIT includes a variety of oranges, apples, bananas, cantaloupe, grapes, watermelon, kiwi, pears</p>						